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Rioli urging public to check health

POLITICIANS in the Top End are being encouraged to test and measure their health through Menzies' HealthLAB activities as part of National Science Week this year.

NT Thunder captain Shannon Rioli joins the Menzies School of Health Research to call on the general public to get on board the initiative too.

Three years since its first visit to Parliament House, HealthLAB will again allow politicians to measure their health.

Mr Rioli said test showed how lifestyle choices affected a

person's future health. "The Menzies HealthLAB has already given many people the confidence to look after their health and make positive lifestyle changes," he said.

Visit <u>www.menzies.edu.au/</u> HealthLAB for more information.