

## Wellbeing Intervention for Chronic Kidney Disease: A randomised controlled trial of the Stay Strong App

**June 2017**

**Total  
Number of  
Recruits: 58**

### WICKD Study Update

Participant recruitment is well under way in both Darwin and Alice Springs.

The project is on track at 20 weeks.

- Darwin Recruits: 29
- Alice Springs Recruits: 29

Patient visits have been taking place at renal units or hostels according to patient preference.

Thank you to renal site coordinators and hostel staff for your cooperation!



### Contact:

Menzies School of Health Research  
[www.menzies.edu.au](http://www.menzies.edu.au)

**Darwin** team contact: Maiyshla Chunwan  
Phone: 08 8946 8617  
[Maiyshla.Chunwan@menzies.edu.au](mailto:Maiyshla.Chunwan@menzies.edu.au)

**Alice Springs** team contact: Megan Whitty  
Phone: 08 8950 4885  
[Megan.Whitty@menzies.edu.au](mailto:Megan.Whitty@menzies.edu.au)

### Audio Translations

Audio translations of the baseline assessments app into 11 Indigenous languages (listed below) is almost complete.

Anindilyakwa	Murrinh Patha	Warlpiri
Tiwi	Alyawarr	Yolngu Matha
Pitjantjatjara	Pintupi Luritja	Nganki
EC Arrernte	Kriol	



# Randomisation

Once eligibility has been confirmed, a unique study number is used to identify the participant for the duration of the study. Randomisation occurs by the use of sealed, sequentially marked, opaque envelopes.

We stratify (allocate) by site, distress level and access to home dialysis aiming to have equal spread across the treatment groups.

Each participant is allocated to either early treatment, contact control/late treatment or treatment as usual /late treatment.



*Project coordinators Maiyshla & Josie with randomisation envelopes*

## New Project Staff



Philip McGuinness has joined the top end team as an Indigenous Project Officer, bringing relevant skills and experience.

Philip is a traditional owner Kungarakany and a senior Aboriginal Health Worker.

## WICKD Project Staff

Tricia Nagel, Chief Investigator, Darwin

Megan Whitty, Project Coordinator, Alice Springs

Michelle Sweet, Project Coordinator, Alice Springs

Josie Povey, Project Coordinator, Darwin

Maiyshla Chunwan, Project Coordinator, Darwin

Stef Puszka, Project Coordinator, Darwin

Jasmine Christie, Project and Administrative officer, Darwin

Robert Mills, Indigenous Project Officer, Darwin

Kylie Hampton, Indigenous Project Officer, Darwin

Philadelphia Hughes, Indigenous Project Officer, Darwin

Phillip McGuinness, Indigenous Project Officer, Darwin



*Indigenous Project Officers Robert, Kylie & Phillip on recruitment day*