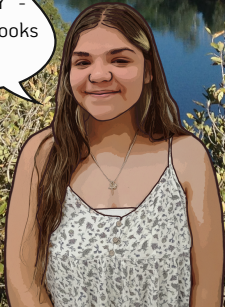


**Don't be shame to reach out!  
Everyone needs a helping hand sometimes.**

Search up "AIMhi-Y" - that's what the app looks like there!



AIMhi   
for Youth



# AYE!

## Where you been?

AIMhi-Y app been looking for you.

Have you downloaded it yet to help understand your wellbeing?



## Write your Goal!

---

---

---

---

---

## My support person

Name: \_\_\_\_\_

Contact: \_\_\_\_\_

---

## Give these mob a call if you need to yarn with anyone

**13YARN** .....13 92 76

**Kids Helpline** .....1800 55 1800

**Brother to Brother** .....1800 435 799

**Beyond Blue** .....1300 22 4636

**Lifeline** .....13 11 14

## Contact Us!

[info.aimhi@menzies.edu.au](mailto:info.aimhi@menzies.edu.au)

